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Dear Adamwoods,

Are you on Twitter? *Midwest Living* is! Even if you don't have an account, you can read our "[tweets](#)"— quick ideas from our editors on what to cook tonight, [where to go](#) this weekend (like one of our favorite Midwest Food Towns), and updates on our [MyMidwest](#) photo contest (check out the [winning photo from April](#)).

Best regards,
Greg



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Top New Plant Picks for Midwest Gardens

By Matt McGuire

Gardeners are putting a priority on plants that offer fresh looks with less maintenance. Here are our top choices for 2009.



Photo: terranovanurseries.com

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Echinacea: More sizes, shapes and colors

Echinacea coneflowers have long been a Midwestern favorite thanks to bright, long-lasting colors and low maintenance demands. The traditional drawback: Colors had been limited to basically purple and white. But rapid development of new varieties means gardeners can choose from more sizes, shapes and colors. New cultivars showcase bright hues and include 'Tomato Soup' (left) and 'Mac 'n' Cheese'.

Echinacea is one of five groups of plants that Ed Lyon, director of the University of Wisconsin-Madison's Allen Centennial Gardens, feels will be hot choices for Midwest gardeners in 2009.

[Allen Centennial Gardens](#) >>

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